

BODY MASSAGES

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SIGNATURE AROMATHERAPY MASSAGE

Balance your mind, body and soul with a rejuvenating and calming massage enhanced with aromatic essential oil of your choice.

Treatment Includes:

- Aroma Full Body Massage
- Aroma Eye Pillow
- In-House Ginger Tea

60 Mins - RM170 | 90 Mins - RM240 | 120 Mins - RM290

**maximum 15 minutes for shower each room*

TRADITIONAL MASSAGE WITH BODY SCRUB

Traditional Balinese massage uses a combination of gentle stretches, acupressure, reflexology, and aromatherapy to stimulate the flow of blood and oxygen around your body, and bring a sense of wellbeing, calm and deep relaxation.

Treatment Includes:

Body Scrub Choices - Jasmine, Rose, Ginger, Tongkat Ali, Lulur, Lemon Grass Mint Scrub, Lavender, Bergamot Turmeric, Green Tea

- Full Body Massage (60 Mins)
- Full Body Scrub (30 Mins)
- Aroma Eye Pillow
- In-House Ginger Tea

90 Mins - RM290

- Full Body Massage (60 Mins)
- Indian Head Massage (15 Mins)
- Body Scrub (30 Mins)
- Milk Bath Spa Jacuzzi (15 Mins)
- Aroma Eye Pillow
- In-House Ginger Tea

120 Mins - RM310

DISCLAIMER:

All prices shown are exclusive of SST. If you have any open wounds or allergies, such as to nuts or a specific essential oil, please inform your massage therapist.

BODY MASSAGES

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SOUL & MUSCLE THERAPY

*For the muscle aches and fatigue from having an active lifestyle.
Our treatment is designed to help soothe and relieve.*

Treatment Includes:

- Full Body Massage (45 Mins)
- Full Body Scrub (30 Mins)
- Aroma Eye Pillow
- In-House Ginger Tea
- Milk Bath Spa Jacuzzi (15 Mins)

90 Mins - RM320

Treatment Includes:

- Full Body Massage (60 Mins)
- Indian Head Massage (15Mins)
- Body Scrub (30 Mins)
- Aroma Eye Pillow
- In-House Ginger Tea
- Milk Bath Spa Jacuzzi (15 Mins)

120 Mins - RM360

THERAPEUTIC HOT STONE MASSAGE

*An invigorating massage paired with heated stones that relieve stress,
muscle tension while improving circulation and promoting emotional
and spiritual wellbeing.*

Treatment Includes:

- Combination Hot Stone Massage
- Aroma Eye Pillow
- In-House Ginger Tea

90 Mins - RM280 | 120 Mins - RM350

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BODY MASSAGES

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TRADITIONAL COMPRESSED HERBAL BALL MASSAGE

This therapeutic massage uses warm herbal pouches containing a combination of the healing herbs to rejuvenate your body while improving your sleep and stimulating the lymphatic system.

Treatment Includes:

- Combination Herbal Ball Massage
- Aroma Eye Pillow
- In-House Ginger Tea

90 Mins – RM280 | 120 Mins – RM350

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URBAN SPA RETREATS

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*Lavender Essential Oil
Bath Salt with
Dried Rose Petals*

SIGNATURE SPA EXPERIENCE

Pamper yourself with a nourishing and rejuvenating spa experience that begins with a 90-minute aromatherapy massage and body exfoliation; followed by a relaxing soak in your own private jacuzzi. Complimentary refreshments are included.

Treatment Includes:

- Full Body Balinese Massage (75 Mins)
- Indian Head Massage (15 Mins)
- Body Scrub (30 Mins)
- Milk Bath + Hydrobath Spa Jacuzzi (30 Mins)
- Aroma Eye Pillow
- In-House Ginger Tea

150 Mins - RM430

SPA RETREAT FOR TWO

Experience deep relaxation with a revitalizing spa experience that begins with a 90-minute aromatherapy massage and body exfoliation; followed by a floral or milk bath soak in your own private jacuzzi. Complimentary refreshments are included.

Treatment Includes:

- Full Body Balinese Massage (75 Mins)
- Indian Head Massage (15 Mins)
- Body Scrub (30 Mins)
- Milk Bath + Hydrobath Spa Jacuzzi (30 Mins)
- Aroma Eye Pillow
- In-House Ginger Tea

150 Mins - RM820 for 2 pax

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HEALTH & BEAUTY

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FULL BODY SLIMMING THERAPY

Our slimming therapy is designed to assist with body shaping and skin health to achieve better overall beauty and health goals.

Treatment Includes:

- Detoxification Water Retention Treatment
- Electrotherapy Frequency
- Break Down Fatty Tissue Therapy
- Vacuum Suction Therapy
- Wrapping & Metabolism Booster Therapy

90 Mins - RM322

**maximum 15 minutes for shower each room*

Treatment Includes:

- Detoxification Water Retention Treatment
- Electrotherapy Frequency
- Break Down Fatty Tissue Therapy
- Vacuum Suction Therapy
- Wrapping & Metabolism Booster Therapy
- Slimming Capsule

120 Mins - RM388

**maximum 15 minutes for shower each room*

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HEALTH & BEAUTY

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FOOT MASSAGE

A soothing and relaxing foot massage can help unwind the body, reduce stress level and promote better sleep quality.

Treatment Includes:

- Foot Reflexology
- Aroma Eye Pillow
- In-House Ginger Tea

60 Mins - RM150

- Foot Reflexology (60 Mins)
- Shoulder Massage (15 Mins)
- Head Massage (15 Mins)
- Aroma Eye Pillow
- In-House Ginger Tea

90 Mins - RM180

BEAUTY REJUVENATION FOR HER

Get pampered and rejuvenated with a focus on beauty. Expect complete relaxation with a combination of massages and a herbal bath designed for her.

Treatment Includes:

- Full Back Body Massage (20 Mins)
- Full Front Body Massage (20 Mins)
- India Head Massage (15 Mins)
- Bust Massage (15 Mins)
- Tummy Massage (15 Mins)
- Herbal Bath (20 Mins)

120 Mins - RM388

**maximum 15 minutes for shower each room*

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HEALTH & BEAUTY

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DETOXIFICATION MASSAGE WITH CUPPING

Experience our massage and cupping combination, a traditional treatment to increase blood circulation, relieve muscle tension, and promote cell repair.

Treatment Includes:

- Combination Massage & Cupping (90 Mins)
- Back Detox Scrub (15 Mins)
- Indian Head Massage (15 Mins)
- Aroma Eye Pillow
- In-House Ginger Tea

120 Mins - RM330

GUASA THERAPY

Guasa therapy is a traditional Chinese medical therapy that has been widely used to treat various types of health issues effectively. We combined it with a massage and back scrub for best effects.

Treatment Includes:

- Combination Guasa Massage (105 Mins)
- Back Detox Scrub (15 Mins)
- Indian Head Massage (15 Mins)
- Aroma Eye Pillow
- In-House Ginger Tea

120 Mins - RM330

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FACIAL TREATMENT

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ABSOLUTE BEAUTY THERAPY

Cleanses, exfoliates and nourishes skin for a clear, well-hydrated complexion for everlasting youth.

Treatment Includes:

- Double Cleanser
- Exfoliator Peeling Cream
- Steamer + Extraction
- Aromatherapy Face Oil
- Face + Shoulder Massage
- Hydrating Mask
- All Skin Type Lotion
- Moisturizer
- Sunblock

90 Mins - RM220

- Double Cleanser
- Exfoliator Peeling Cream
- Steamer + Extraction
- Aromatherapy Face Oil
- Face + Shoulder Massage
- Hydrating Mask
- All Skin Type Lotion
- Moisturizer
- Sunblock
- Ultrasonic Treatment

120 Mins - RM300

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